

SEED SAVING GUIDE

ⁱ inbreeder ^o outcrosser

Plant	When to harvest	Season	How to collect seed
NIGHTSHADES			
Tomato ⁱ	Full grown	Summer/fall	<ol style="list-style-type: none"> 1. Put in blender with water. Viable seeds sink, bad seeds and debris float. 2. Pour into a cup and ferment for 2-5 days. 3. Pour off water and debris. Spread seeds over newspaper to dry.
Pepper ^o	Color changes; no longer green	Summer/fall	<ol style="list-style-type: none"> 1. Cut open pepper, collect seeds, dry on newspaper for several days.
Eggplant ^o	Soft, slightly shriveled, off-color	Summer/fall	<ol style="list-style-type: none"> 1. Put in blender with water. Viable seeds sink, bad seeds and debris float. 2. Pour off water and debris. Spread seeds over newspaper to dry.
Potatoes are not grown from seed, but from the eyes of a potato known as a "seed potato"			
LEGUMES			
Beans/peas ⁱ	Pods are fully dried on vine -or- pods become leathery	Summer/fall	<ol style="list-style-type: none"> 1. If pods are leathery, hang indoors until completely dry. 2. Remove seeds from pods.
Peanuts ⁱ	Plants wither	Fall	<ol style="list-style-type: none"> 1. Carefully dig up whole plant, including roots. 2. Shake away loose soil and hang upside down for two weeks.
CUCURBITS (squash and melons)			
Summer/winter squash ^o	Hard skin develops	Fall	<ol style="list-style-type: none"> 1. Store in a cool, dry place for 3-4 weeks. 2. Cut open, remove seeds, and wash. 3. Dry on newspaper for several days.
Cucumbers ^o	Color turns yellow/orange	Summer/fall	<ol style="list-style-type: none"> 1. Store in a cool, dry place for 3 weeks. 2. Scrape out pulp and seeds. Pour into a cup and ferment for 3-5 days. 3. Viable seeds will sink. Wash seeds and dry on newspaper.
BRASSICAS			
Broccoli, Brussels sprouts, cauliflower, kale ^o	Pods turn light brown	Spring 2nd year	<ol style="list-style-type: none"> 1. Smash unopened pods in a bag. Separate seeds from debris.
ALLIUMS			
Onions, chives ^o	Flowers are completely dry	Summer	<ol style="list-style-type: none"> 1. Rub flowers to remove seeds.
Garlic: bulb	Most leaves are dry	Summer	<ol style="list-style-type: none"> 1. Dig up bulb. Hang to dry for several weeks. 2. Divide into individual cloves and plant in fall.
Garlic: "seeds"	Cloves develop in flower head and begin to fall	Summer/fall	<ol style="list-style-type: none"> 1. plant individual cloves in fall.
APIACEAE (carrot)			
Carrots, parsley, Cilantro/coriander, dill ^o	Flower head dries	Spring/summer 1st and 2nd year	<ol style="list-style-type: none"> 1. At end of 1st year, cut back most leaves and cover with light mulch 2. When flower head dries during 2nd year, cut and dry for 2 weeks. 3. Rub flowers to separate seeds.
Celery ^o	Flower stalk begins to dry	Fall 2nd year	<ol style="list-style-type: none"> 1. Cut flower stalk. 2. Spread stalk on newspaper and dry for several weeks.